

An Autism Case -- Healed in Four Months

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Autism does not sound as horrible as terminal disease AIDS, but its damage to human beings cannot be ignored anymore. Autistic symptoms can happen without notice. A normal growing child suddenly behaves abnormally, or shows some physiological disability, and that is the subtle appearance of Autism. Since modern medicine today cannot provide an effective treatment for autism, autistic children are almost equally considered as handicapped or partially handicapped. Therefore it brings extreme disturbance to the family and huge burden to the society.

Since 1980s, I had started clinical research on treating children with cerebral palsy and autism. Among 20 cases, all of them had showed tremendous improvement, 2 cases had achieved complete recovery. After I came to the United States, I continue my clinical studies on autism. Among many patients, Brown is an Autistic child who is now totally healed after receiving just four months of treatment. Autism being healed in a 4-month period is unheard of and unimaginable in modern medicine. According to modern medicine, brain cells cannot be reconstructed once damaged. Therefore Brown's case of full recovery has puzzled many people and has caused disbelief with awesome shock. Nonetheless, his complete recovery is an undeniable fact. He still lives in Los Angeles and all his treatment logs are completely preserved in my clinic. I am willing to conduct a professional discussion to share it with any interested people. According to the theory of Chinese Medicine, Autism has never been considered as incurable. Therefore, it is possible and not a surprise at all that Chinese Medicine can bring improvement and even cure for Autism.

Autistic child Brown was born in October 1999. He suffered from mild degree of Autism. The symptom at first visit (1/1/2003) was: he could not talk actively to express himself and his language ability was equivalent to a normal 2 years old; he could repeat other's words and pronounce words clearly but could not express his own desire; he kept mumbling words that nobody could understand. For example, he could repeat the word "eat" after others. But when he was hungry he could not use the word to express himself that he wanted to eat. When he felt he had been mistreated, it took a couple seconds before he could express himself by crying loud. Other symptom includes aloofness, eyes un-focused, impatient, often banging his head against the pillow, often eating stuff from his own nostril.

There were some interesting stories during Brown's treatment. His father was an engineer for a company in California. He felt very sad to face the situation that his son could not speak normally at the age of 3. He told me, "Dr. Wu, I am already a man in my mid-forties. I cannot express how sad I am when I see my son is suffering from autism". His eyes were full of tears when he said that. I was very moved by his feelings. After diagnosing Brown's illness, I promised him right at the moment to heal his son's autism within one year. Brown's mother is a Western medicine pharmacist. Maybe because of the disagreement among the couple about the understanding of Chinese Medicine, they did not start his son's treatment until 2 months after initial consultation.

The couple had a concern that their son might not cooperate to take Chinese herbal medicine, so they suggested only treating their son with the meridian massage (aka Tui-na). Here are the detailed observations during the whole treatment.

- 01/03/03 (1st treatment) Brown was uncooperative during treatment session. He cried loudly and said word “No”.
- 01/08/03 (3rd treatment) Brown was waiting for his treatment in the waiting room. He ran into one of the treatment rooms and saw another male patient; he ran back to the waiting room and told his mom, “He’s not my dad”.
- 01/10/03 (4th treatment) Parents recalled that he became more verbal and sometimes could express himself by saying the word “Yes” or “No”.
- 01/17/03 (7th treatment) Parents recalled that he talked more and pronounced clearly but about something that could not be understood.
- 01/22/03 (9th treatment) At the end of treatment, Brown said “Thank you, Dr. Wu” at the end of treatment. Parent recalled that Brown was more active recently.
- 01/24/03 (10th treatment) During treatment session, Brown said a few names of animals such as “fish”, “monkey”, and “elephant”. At the end of treatment, he said, “I am sitting up”.
- 01/29/03 (12th treatment) Brown made suggestion to doctor that doctor had made him painful.
- 02/01/03 (13th treatment) Parents recalled that in the car he said “this is a public bus, not school bus”. Banging his head against pillow was reduced a lot.
- 02/07/03 (16th treatment) Parents recalled that he could speak out the names of food (such as milk, cookie, etc.) that he wanted to eat.
- 02/14/03 (18th treatment) Brown could differentiate names of animals such as dog, cat, goat, and chicken from hearing their sounds.
- 02/16/03 (19th treatment) During treatment, Brown interrupted by saying “Mom has gone shopping”. I purposely asked about his sister and his grandma, he also answered the same “Has gone shopping”; when asked about his dad, he answered “he’s here for massage”, which is correct.
- 02/28/03 (23rd treatment) Brown was more verbal; mumbling was reduced obviously.
- 03/02/03 (24th treatment) During treatment, Brown did not speak a word unconsciously. When his mom tried to get his attention by singing, he consciously replied, “It’s too loud”.
- 03/28/03 (32nd treatment) Parents recalled his language ability has been improving steadily. Sometimes he could speak more meaningful sentence.
- 03/30/03 (33rd treatment) Brown became willing to play with classmates at school.
- 04/12/03 (37th treatment) During treatment, Brown kept giving his opinions about massage. For example, “You hurt me a little.”, “You can finish now”. He was a lot more active.
- 04/16/03 (38th treatment) During treatment, Brown was singing together with his mom. He asked his mom to stop singing so that he could sing alone. His pronunciation and rhythm were very clear.
- 04/20/03 (39th treatment) Brown could talk freely with others. He could express himself well. Autistic behavior had disappeared. Basically his parents’ original wish from treatment had been fulfilled.

From 01/01/2003 to 04/20/2003 (3 months and 20 days), 39 treatments have been conducted. Brown changed from aloofness to enjoying playing with other children. As to his language ability, he changed from repeating and mumbling to expressing himself clearly. He also became quite alert. His eyes became bright and focused. Abnormal behaviors such as banging his head against pillow and swallowing stuff from his nostril all stopped. Therefore his clinical autistic symptoms have completely disappeared. Since there was no longer any manifestation of Brown's autistic behaviors, we could conclude that his Autism had been healed.

Brown's parents had the courage to try the alternative therapy. Their courage is admirable and now they are blessed with a normal child. Although they had delayed treatment for 2 months because they did not understand how Chinese Medicine could effectively treat autism, they fully cooperated with the doctor during whole treatment period. Looking at their active and lovely Brown, they show on their face with full of joy and satisfaction.