

Third Autism Case Fully Recovered

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“Dr. Wu, I think my son is fine now.” Mr. Ker said this to me. Indeed, after one year’s treatments, his child has essentially been fully recovered. Looking at his son’s lovely appearance and listening to the child’s active talking, I feel as happy as Mr. Ker because this is the joint efforts from both of us. I am deeply moved and affected with such a great success for his son.

I still recall the time when I first discussed his child’s problems with Mr. and Mrs. Ker. They both could not agree with each other. Mr. Ker thought it was possible his son was affected by autism; but Mrs. Ker did not think so. She felt their son would be fine when he grew up. No one could convince the other. So they came to consult me. I told them that their son had clearly showed autism spectrum symptoms. Based on my clinical experience, the situation will deteriorate fast in the next six months. Their son needs immediate treatments using Chinese medicine. Otherwise his symptoms would get worse. In order to learn more about autism and understand the issue better, Mr. and Mrs. Ker searched autism information through Internet and compared the information carefully with their son’s symptoms. Facing with cruel facts, they could not avoid it any more and had to face the reality. When she thought about her loved son suffered from such “incurable” disease, Mrs. Ker felt so sad that her tears kept coming down during the first treatment. I still remember what I told Mrs. Ker during the first visit. I told her that her child’s symptoms were not very severe and he was at the age for quick recovery. Her son could be quickly improved with immediate Chinese medicine treatments. Based on my decades’ clinical experience, I evaluated thoroughly all the conditions for the child and gave her my estimate that her son could be fully recovered in one year.

Rayd was two and half years old at the first visit. His language ability was obviously abated. At age one he could normally talk “Mom” and “Dad”; but he became silent and did not talk at all.

He could not express his request using language and instead often used some actions. His eyes became unfocused and often avoided eye contact with other people. He had no reactions to the call from his parents and behaved as if he was deaf. He liked loneliness and always played all by himself and did not pay any attention to others. He was stubborn and reacted strongly if his stuff was touched. He had routine thinking and rituals and would cry constantly if the routine was changed. Before that, he liked reading and had good learning ability. After he was affected with autism, his learning ability abated and was at the level of age one.

Based on the child’s specific conditions, I used the treatments with the combination of acupuncture points therapeutic massage and herbal medicine. Quickly such treatments produced results on the child. In one month, parents had already observed the progress in various areas.

For example, the drift of his eyes was reduced. He became willing to express Goodbye and use high five. He was more willing to play with other kids. In the second month, he suddenly talked “one, two, three, four” following TV program. Then he could repeat the words with double syllables (i.e., Pa-pa, Ma-ma, Mei-mei) and multi-syllables (i.e., Bi-zi, Shi-de). After one year (05/30/2005-05/31/2006) and 144 treatments, he has been improved significantly and essentially

recovered fully to normal state. All the autism symptoms showed at the first visit have disappeared completely. Here are the detailed comparisons:

- Eye contact. He used to avoid eye contact with others; now he could maintain full eye contact and could focus on everything intended.
- Loneliness. He used to play all by himself quietly; now he knows how to play tricks with parents and likes to say goodbye and to do high five. He can proactively play with new or old friends together. The loneliness symptom has completely disappeared.
- Language ability. He did not say a word and paid no attention to his parents' call; now he can read aloud all the letters (i.e., A, B, C...) while holding the letter cards. He is able to answer questions correctly and express himself for any requests. He can spell and write forty simple words, which demonstrate that his language skill is improving quickly. Recently under the guidance of his parents, he has started to raise simple questions.
- Intellectual adaptability. He is observational, good at learning, and likes to think about problems. Because of these reasons, he is developing very fast in every aspect.

Recalling the first visit, Mr. and Mrs. Ker felt very sad and were not sure about the recovery because they did not understand the true efficacy of Chinese medicine. But they trust me very much. Not only did they cooperate in all the treatments based on my recommendations, but also spent a lot of time studying and researching on how to tutor and train the child. Based on the specific attributes and the gradual improvement of their child, they taught him step by step on a variety of materials. To improve his interests, they incorporated many funny games and further stimulated the brain and sharpened the reactions. They paid attention to details on every change from their son even if it was minor and told me about it. They discussed with me about their thoughts and experience regarding their tutoring and training. With their full cooperation, I have fulfilled my promise to them. That is to fully recover their son from a typical autism to a smart and active normal child.

From Rayd's fully recovered case, we can come to following conclusion. Even though modern medicine has not had effective treatments for child brain disorders, autism is not incurable and can be fully recovered through the treatments of Chinese medicine and tailor-made trainings. Rayd's case has also proved another truth that parents can play a critical role for recovering the child they love. Mr. Ker once discussed about the credits with me. I said he and his wife had 70% credit. He did not agree and said the 70% should belong to me. But I think it is not reasonable for me to take the 70% credit. Here is an analogy. I am like a navigator. With the correct guide of navigator, the ship can reach the remote destination (i.e. a full recovery). But they are the captains and provide the ship and fuels. Without their determination to cure their child and without their commitment to keep training and observing, it is hard to succeed. So parents' role in recovering child brain disorders must be emphasized. In fact, it is not difficult for parents to have hope for a cure and to seek treatments. It is difficult to keep the persistence and commitment all the way during the treatment process. If parents lack such willpower, their child might often miss a great chance for a full recovery.